



MANUD

MENU

FOOD&WINE



OUR MEAT COMES FROM

PORK SWITZERLAND

CHICKEN SWITZERLAND

BEEF SWITZERLAND

OUR FISH SWIM IN

SALMON SCOTLAND



GLUTENFREE



VEGETARIAN

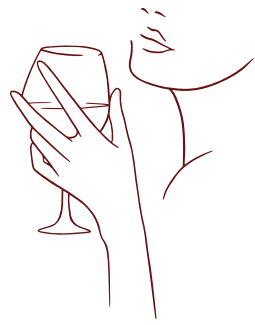


LACTOSEFREE

WE HAPPILY INFORM YOU ABOUT ANY POSSIBLE ALLERGENS
ALL PRICES ARE IN CHF – INCLUDING 7.7% VAT

WIFI PASSWORD:
Manud2021

BY THE GLASS



WHITE

Fendant Sans Culotte
Chasselas **6.00**

**Johannisberg
Cave du Paradis** **7.00**
Sylvaner

Petite Arvine Devayes **8.00**
Arvine

Heida Les Pyramides **8.00**
Savagnin, Heida

Chardonnay* **9.00**
Chardonnay IT

Nez Noir Rosé* **7.00**
Merlot, Syrah, Gamaret

Adoro Prosecco **8.00**
Glera

RED

Pinot Noir Bagnoud **7.00**
Pinot Noir

Cornalin Chai du Baron **9.00**
Cornalin

Verruzzo Monteverro* **8.50**
Merlot, Cabernet Franc,
Cabernet Sauvignon,
Sangiovese IT- Barrique

CORAVIN

Sassi Grossi **13.00**
Merlot barrique TI

**Cuvée Anna St-Emillion
Clos Dubreuil*** **12.00**
Merlot, Cabernet Franc,
Cabernet Sauvignon

Terra di Monteverro* **12.00**
Cabernet Sauvignon,
Cabernet Franc, Merlot,
Petit Verdot
Barrique IT

OUR BEST HOUSE DRINKS



GINGER APPLE SPRITZ

Ginger liqueur, applejuice,
prosecco

13 CHF

BASIL SPRITZ

Homemade basilsirup,
bitterlemon, prosecco, lime

13.5 CHF

ALBERT

alpine herbs sirup,
prosecco, sparkling
water

11 CHF

MOCKTAIL

Apricot juice, lemon
juice, sparkling water

8 CHF

HOMEMADE ICETEAM

4.8 CHF

ZÄMA

100% SWISS Aplineherbs

6 CHF

MENU

FROM 12:00

SNACKS/TAPAS

EDAMAME



Dressed in homemade
wild garlic oil,
lemon zest and Maldon
salt

7.5 CHF

PICKLES



Selection of homemade
pickled vegetables

9 CHF

VEGGIE PANCAKES

3 PCS



Fried vegetable
pancakes with
sweet-chilli sauce

14 CHF

M E N U

**THAI
CABBAGE SALAD**



Fresh vegetable strips in a sweet and sour sauce with coriander

13 CHF

**PINSA THE
APERIO**



Sourdough base, fresh rosemary, Maldon sea salt and olive oil

8 CHF

**ADD HOMEMADE
HUMMUS**

+7 CHF

GAZPACHO



Fresh cold vegetable soup

16 CHF

MENU

BIGGER

MANUD STYLE BAHN MI

Bun filled with pulled pork,
fresh salad, mayo, homemade
sweet-chilli sauce and
crispy onion

REGULAR

TOFU

16 CHF

ASIAN NOODLE SALAD



Rice noodles on a thai-
tamarind- dressing, fresh
vegetables, beansprouts,
coriander and cashew nuts

24 CHF

TOM KHA CURRY



Thai curry with
coconut milk,
vegetables, shitake
and pulled chicken

22 CHF

ADD WHITE RICE

+6 CHF

M E N U

RICE BOWL

Steamed Japanese rice,
soft boiled egg, nori,
furikake, salad, pickles

SALMON SASHIMI or TOFU

28 CHF

PINSA THE NORMALO



Sourdough base, tomato
sauce, cherry tomatoes,
mozzarella, basil

19 CHF

PINSA THE LOCAL

Sourdough base,
homemade crème fraiche,
pears, swiss cheese,
local dried meat,
rucola

22 CHF

ADD A SMALL
SIDE
SALAD
7 CHF

MENU

MEAT/TOFU

CRISPY ORANGE CHICKEN BITES



Fried chicken bites
dressed in a sticky
orange sauce with sesame

18 CHF

ADD WHITE RICE

+6 CHF

THAI FLANK STEAK SALAD



24h cooked flank steak,
red onion, tomatoes and
fresh herbs

28 CHF

ADD WHITE RICE

+6 CHF

FRIED STICKY TOFU



Fried tofu bites coated
in a sticky soy sauce
with sesame

16 CHF

ADD WHITE RICE

+6 CHF

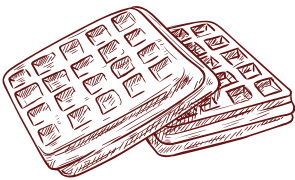
SWEETS

DAILY CAKE

HOMEMADE

7.5 CHF

WAFFLES



PLAIN

8 CHF

CHOCOLATE SAUCE

+ 2 CHF

MAYPLE SIRUP

+ 2 CHF

ICECREAM

+ 3.5 CHF

CINNAMON & SUGAR

+ 0.5 CHF

WHIPPED CREAM

+ 1 CHF

ICECREAM



CHOOSE YOUR FLAVOUR

1 SCOOP

3.50 CHF

2 SCOOPS

5.50 CHF

3 SCOOPS

7.50 CHF

CHOCOLATE

RASPBERRY

VANILLA

STRAWBERRY

MOCCA

APRICOT